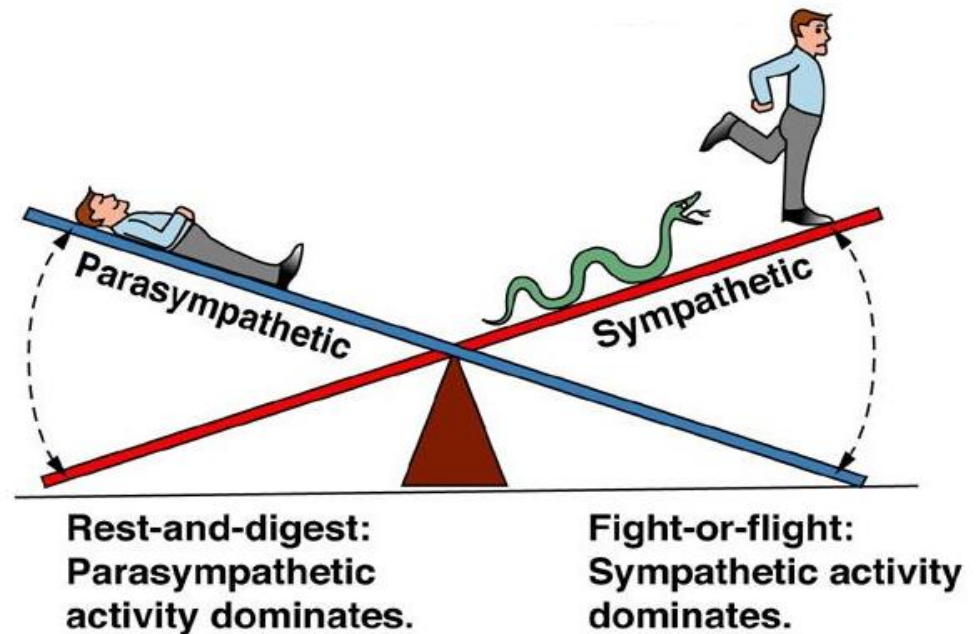


# Drugs acting on Adrenergic nervous system

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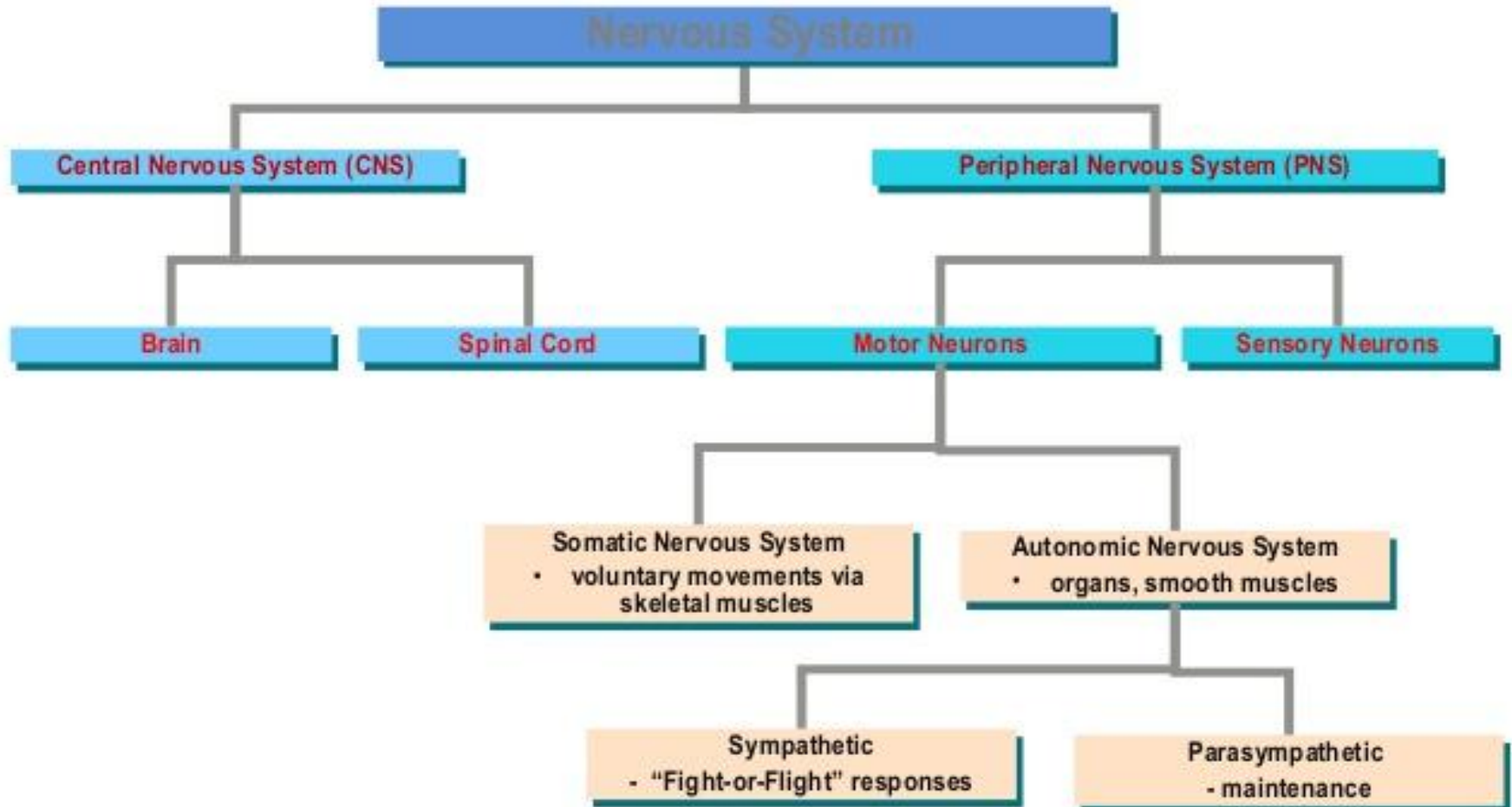
# **Drugs acting on Autonomic Nervous System**

## **Adrenergic Neurotransmitters:**

Biosynthesis and catabolism of catecholamine.

Adrenergic receptors (Alpha & Beta) and their distribution.

# Classification:-



The autonomic nervous system regulates certain body processes, such as blood pressure and the rate of breathing. This system works automatically (autonomously), without a person's conscious effort.

The autonomic nervous system is the part of the nervous system that supplies the internal organs, including the blood vessels, stomach, intestine, liver, kidneys, bladder, lungs, pupils, heart, and sweat, salivary, and digestive glands.

The autonomic nervous system controls internal body processes such as the following:

- Blood pressure
- Heart and breathing rates
- Body temperature
- Digestion
- Metabolism (thus affecting body weight)
- The balance of water and electrolytes (such as sodium and calcium)
- The production of body fluids (saliva, sweat, and tears)
- Urination
- Defecation

ANS is composed of

**(1) parasympathetic system**

Controls body process during ordinary situations.

**(2) sympathetic system**

Prepares the body for stressful or emergency situations—fight or flight

## Neurotransmitters

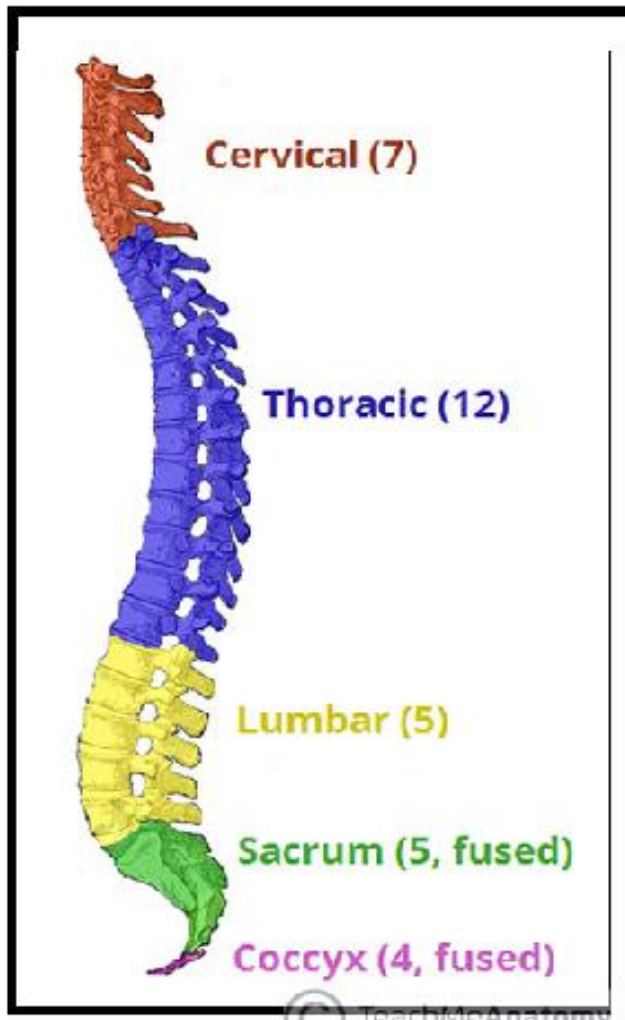
- ❖ Norepinephrine/noradrenaline
- ❖ Acetylcholine

Nerve fibers that secrete **acetylcholine** are called **cholinergic fibers**.

Fibers that secrete **norepinephrine** are called **adrenergic fibers**.

Generally, acetylcholine has parasympathetic (inhibiting) effects and norepinephrine has sympathetic (stimulating) effects.





## **Ganglia:**

a structure containing a number of nerve cell bodies, typically linked by synapses, and often forming a swelling on a nerve fibre.

**Preganglionic** neuron – cell body lies within the CNS

**Postganglionic** fiber (axon) of the ganglionic neuron extends to the visceral organs

Sympathetic nervous system is a part of the autonomic nervous system that serves to accelerate the heart rate, constrict blood vessels, and raise blood pressure

Originates from cranial, thoracic, and lumbar regions of the central nervous system

Prepares the body for an intense physiological activity

Action is a quick response

Parasympathetic nervous system is a part of the autonomic nervous system that serves to slow the heart rate, increase intestinal and glandular activity, and relax the sphincter muscles

Originates from cranial and sacral regions of the central nervous system

Relaxes the body by inhibiting high energy functions

Action is a slow response

Ganglions are found close to the central nervous system.

Pre-ganglionic fibers are short

Post-ganglionic fibers are long

A large number of post-ganglionic fibers are found

Covers a large area in the body

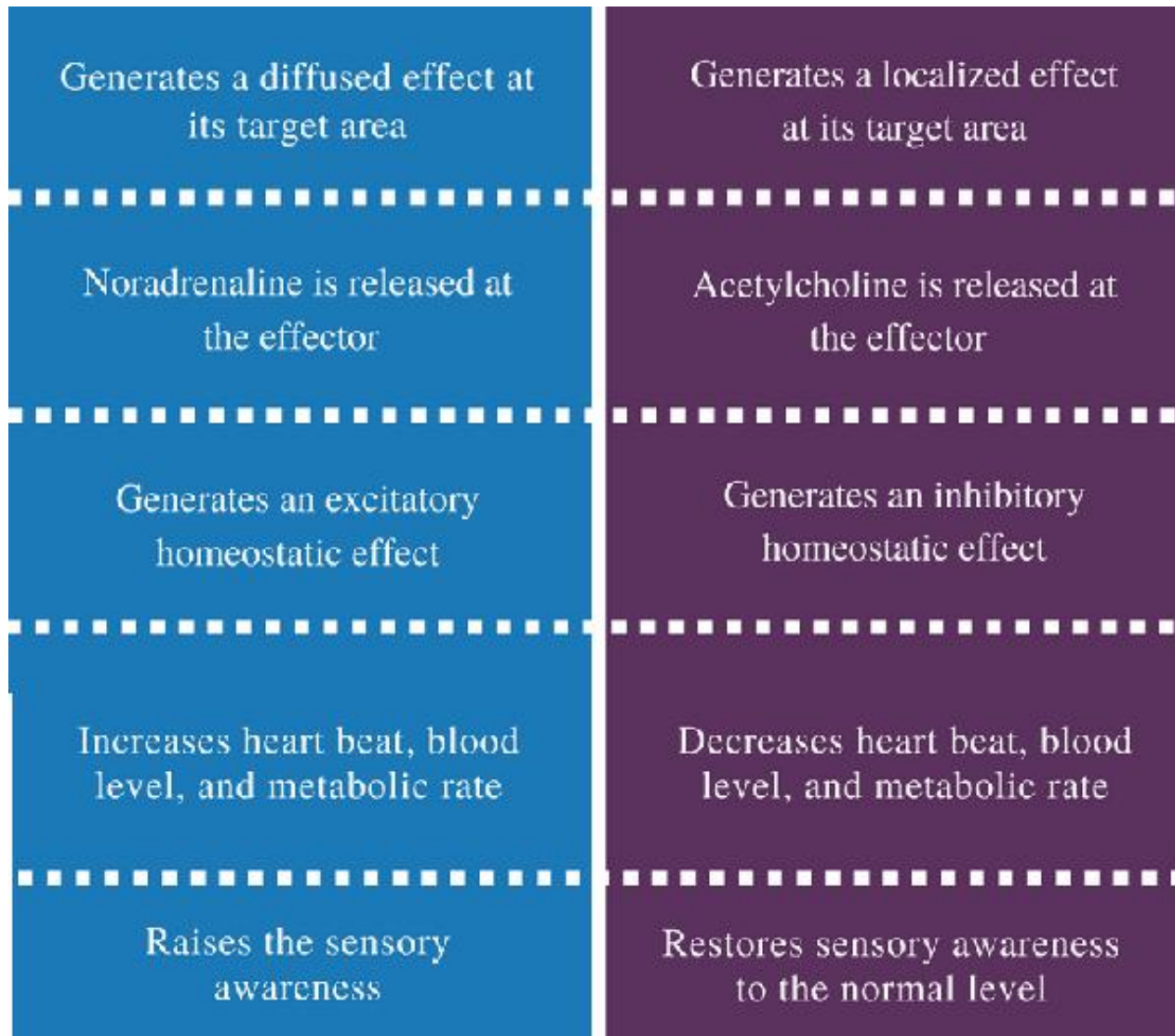
Ganglions are found away from the central nervous system but close to the effector

Pre-ganglionic fibers are long

Post-ganglionic fibers are short

A small number of post-ganglionic fibers are found

Covers a small area in the body



Dilates the pupil of the eye

Inhibits the saliva secretion

Dilates the bronchial tubules

Releases adrenaline from adrenaline glands

Increases the activity of the digestive system

Increases the rate of glycogen breakdown

Stimulates the pupil of the eye

Stimulate the secretion of saliva

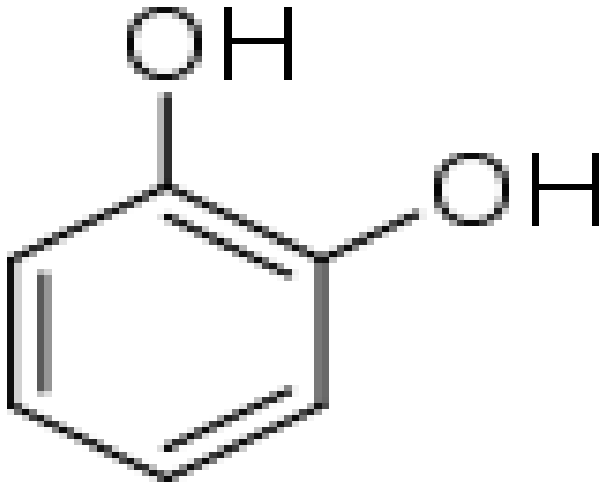
Constricts the bronchial tubules

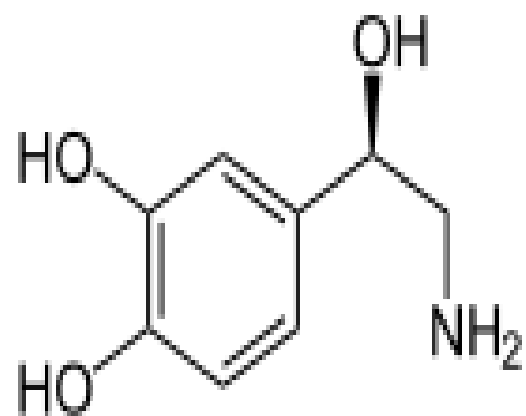
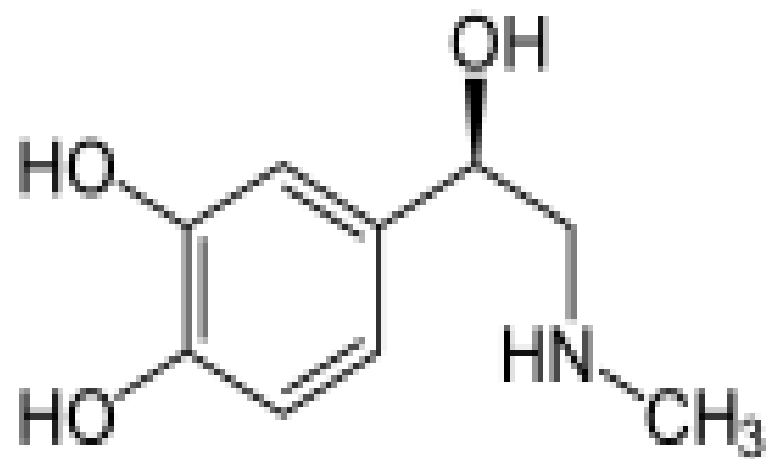
Have no action on the adrenaline gland

Decreases the activity of the digestive system

Has no effect on the glycogen breakdown

A **catecholamine** - a monoamine neurotransmitter, an organic compound that has a catechol (benzene with two hydroxyl side groups next to each other) and a side-chain amine.





Biosynthesis of norepinephrine takes place within adrenergic neurons near the terminus of the axon and junction with the effector cell.



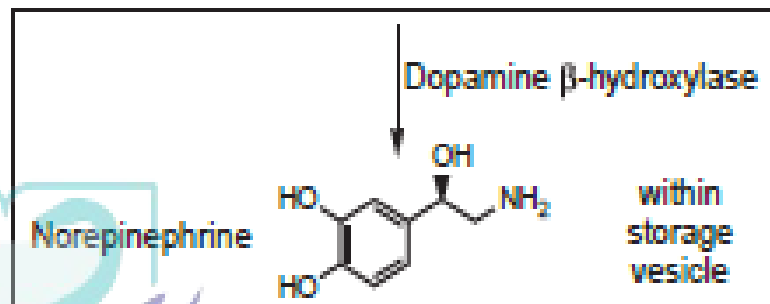
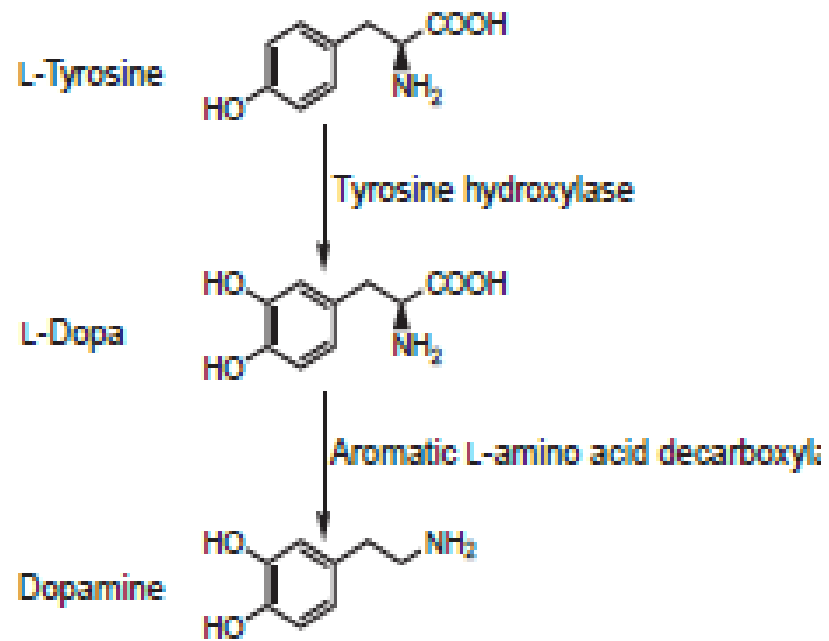
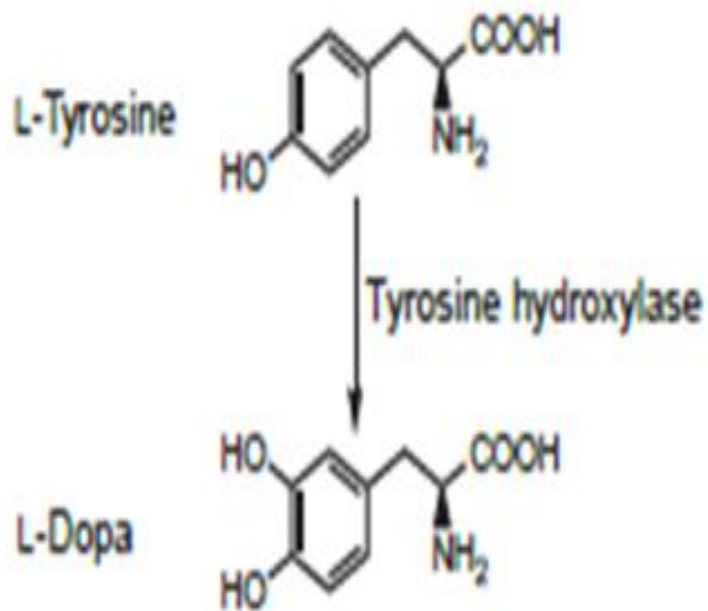


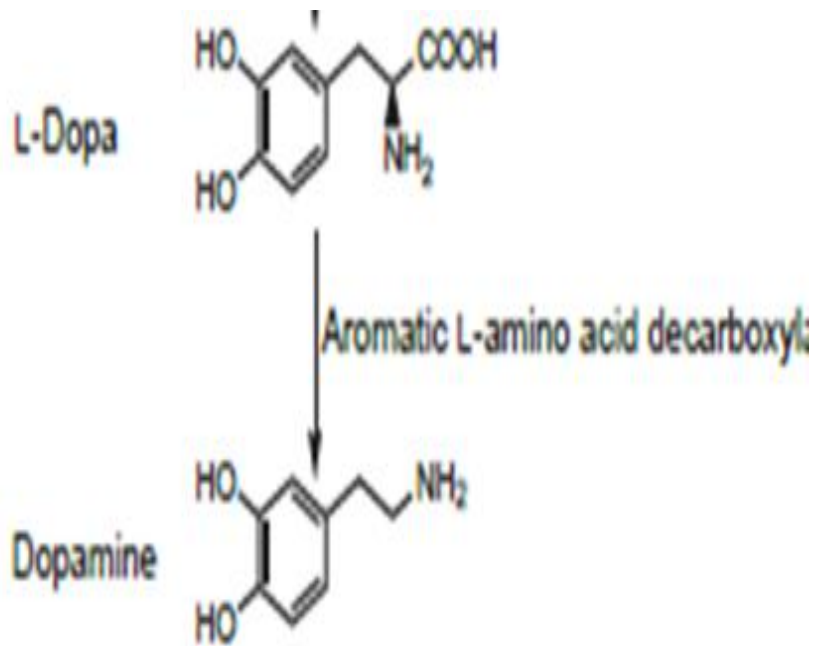
FIGURE 16-1 Biosynthesis of norepinephrine

Active transport of the amino acid l-tyrosine into the adrenergic neuron cell .

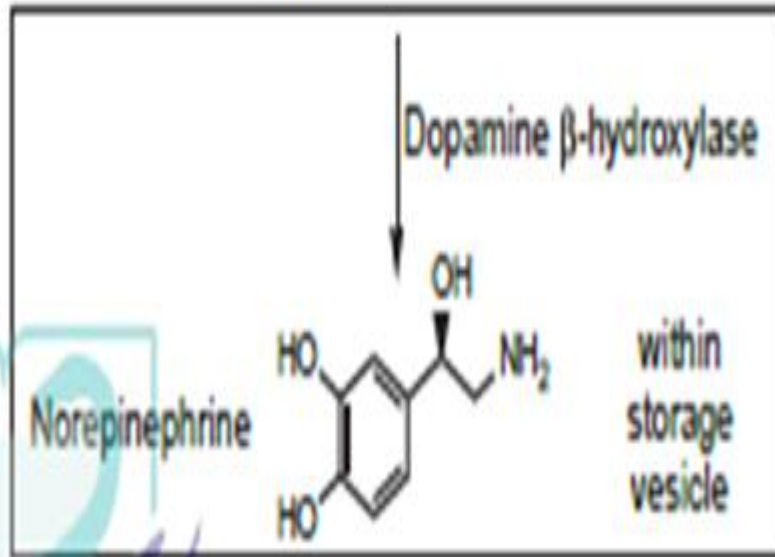
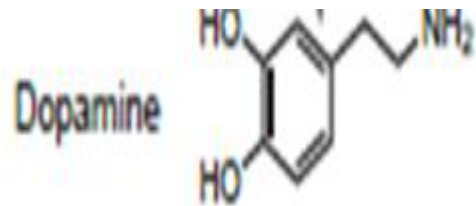
In the first step within the cytoplasm, the enzyme tyrosine hydroxylase (tyrosine-3-monooxygenase) oxidizes the 3' position of tyrosine to form the catechol amino acid l-dihydroxyphenylalanine (l-DOPA).



The enzyme tyrosine hydroxylase (tyrosine-3-monooxygenase) oxidizes the 3' position of tyrosine to form the catechol amino acid L-dihydroxyphenylalanine (L-DOPA).



L-DOPA is decarboxylated to dopamine by aromatic L-amino acid decarboxylase, another cytoplasmic enzyme.



The dopamine formed in the into storage vesicles or granules located near the terminus of the adrenergic neuron. The enzyme dopamine  $\beta$ -hydroxylase stereospecifically introduces a hydroxyl group in the (*R*) absolute configuration on the carbon atom  $\beta$  to the amino group to generate the neurotransmitter norepinephrine.

Norepinephrine is stored in the vesicles in a 4:1 complex with adenosine triphosphate (ATP)

When a wave of depolarization reaches the terminus of an adrenergic neuron, it triggers the transient opening of voltage- dependent calcium channels, causing an influx of calcium ions. This influx of calcium ions triggers fusion of the storage vesicles with the neuronal cell membrane, spilling the norepinephrine and other contents of the vesicles into the synapse through Exocytosis.

Norepinephrine to epinephrine-  
Enzyme phenylethanolamine-*N*  
*methyltransferase.*







# Adrenergic receptors

They are membrane bound G-protein coupled receptors and classified as  $\alpha$  (alpha) and  $\beta$  (beta) adrenoceptors.

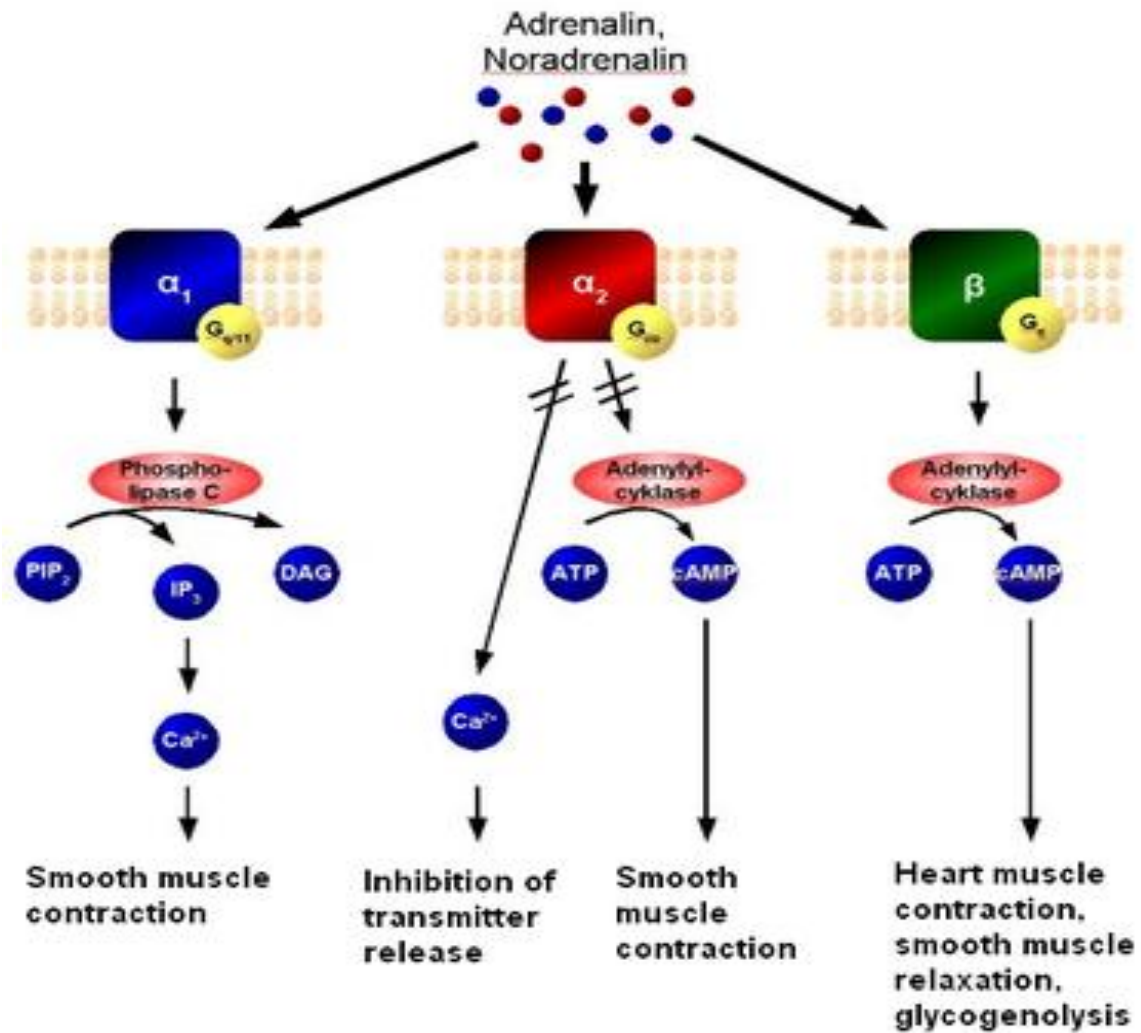
There are two main groups of adrenoceptors,  $\alpha$  and  $\beta$ , with 9 subtypes in total:

$\alpha$  are divided to  $\alpha_1$  (a  $G_q$  coupled receptor) and  $\alpha_2$  (a  $G_i$  coupled receptor)

$\alpha_1$  has 3 subtypes:  $\alpha_{1A}$ ,  $\alpha_{1B}$  and  $\alpha_{1D}$

$\alpha_2$  has 3 subtypes:  $\alpha_{2A}$ ,  $\alpha_{2B}$  and  $\alpha_{2C}$

$\beta$  are divided to  $\beta_1$ ,  $\beta_2$  and  $\beta_3$ . All 3 are coupled to  $G_s$  proteins, but  $\beta_2$  and  $\beta_3$  also couple to  $G_i$



- $\beta_1$ , causes increase in the force and rate of contraction.
- $\beta_2$  receptor stimulates bronchodilation.
- $\beta_3$  stimulation causes lipolysis.

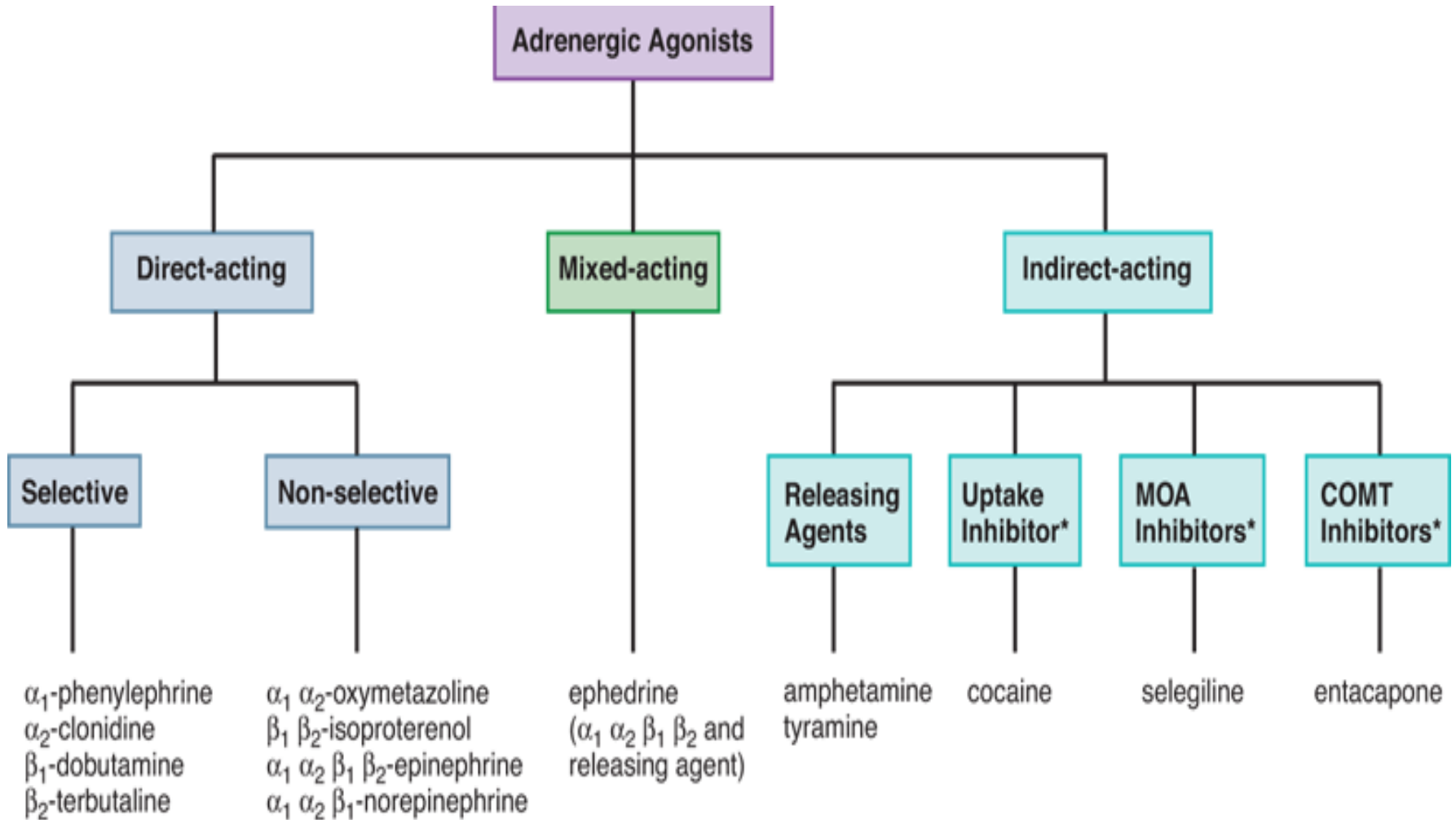
<b>Receptor Type</b>	<b>Tissue Distribution</b>	<b>Physiological Effects</b>	<b>Agonist</b>
<b><math>\alpha_1</math></b>	Vascular Smooth Muscles, Visceral smooth Muscles	Smooth muscle contractions, Gluconeogenesis, Vasoconstriction	Norepinephrine, Phenylephrine, Methoxamine
<b><math>\alpha_2</math></b>	Pre-synaptic terminals, pancreas, platelets, Ciliary epithelium, Salivary Glands	Inhibits release of Neurotransmitter	Clonidine, Monoxidine
<b><math>\beta_1</math></b>	Heart, Kidney, some pre- synaptic terminals	Increase heart rate and Renin secretion	Isoproterenol, Norepinephrine, Dobutamine
<b><math>\beta_2</math></b>	Visceral smooth muscles, Bronchioles, Liver, Skeletal Muscles	Vasodilation, Bronchodilation, Inhibits insulin secretion	Isoproterenol, Salbutamol, Salmeterol, Albuterol, Formoterol, Terbutaline, Levalbuterol
<b><math>\beta_3</math></b>	Adipose Tissue	Increase lipolysis	Isoproterenol, Amibegron, Solabegron

# Sympathomimetic agents

Stimulants which mimic the effects of agonists of the sympathetic nervous system such as the catecholamines.[epinephrine(adrenaline), norepinephrine (noradrenaline), dopamine, etc.].

Some of these predominantly act on the **adrenergic alpha-receptors** (e.g. noradrenaline (norepinephrine), while others act on the **adrenergic beta-receptors** (e.g. isoproterenol).

-



# Direct-acting adrenergic agonists

They bind to and activate  $\alpha_1$ ,  $\alpha_2$ ,  $\beta_1$ , and  $\beta_2$  receptors.

NE ( $\alpha_1$ ,  $\alpha_2$ , and  $\beta_1$  receptors), Epinephrine ( $\alpha_1$ ,  $\alpha_2$ ,  $\beta_1$ , and  $\beta_2$  receptors), and Dopamine ( $\alpha_1$ ,  $\alpha_2$ , and  $\beta_1$  receptors).

Examples of drugs: xylometazoline, phenylephrine, methoxamine.



# Indirect-acting adrenergic agonists

Increase availability of neurotransmitters.

1. Displacement of stores catecholamines:  
(Tyramine, amphetamine)
2. Inhibition of reuptake (Cocaine, TCA)
3. Blocking metabolizing enzymes (MAO-  
Selegiline, COMT- entacapone)

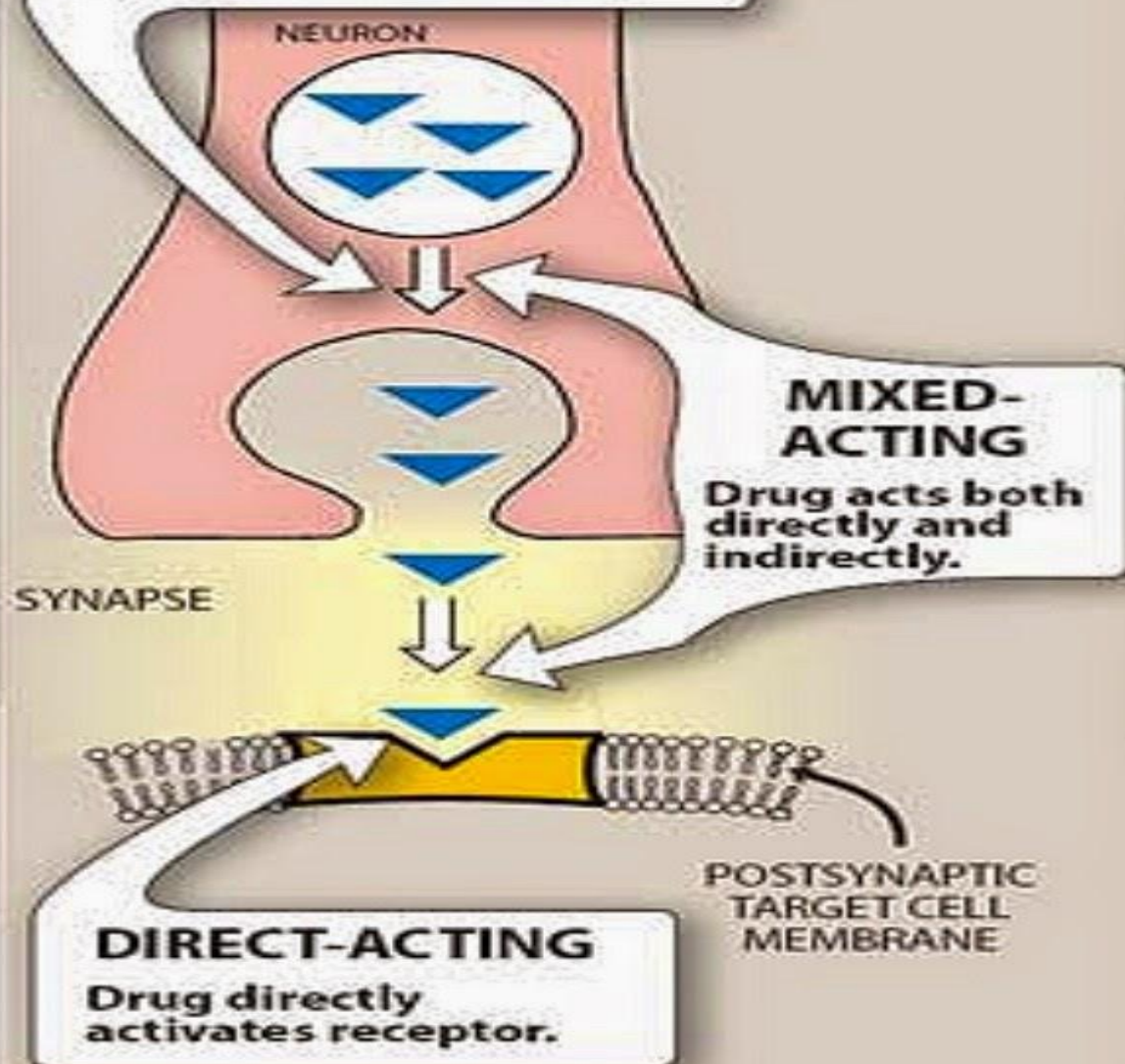
# Dual-acting/Mixed acting adrenergic agonists

These agents act as direct and indirect adrenergic agonists (hence, dual-acting). They bind to adrenergic receptors and stimulate NE release.

Examples: Ephedrine, Amphetamine, Mephenteramine.

## INDIRECT-ACTING

Drug enhances release of *norepinephrine* from vesicles.

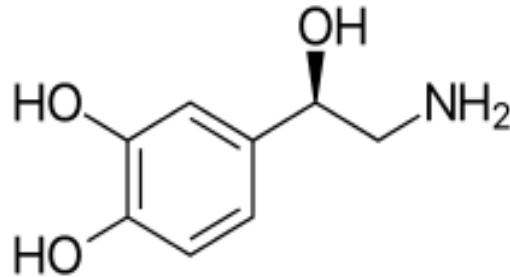


Activity	Drugs	
Alpha agonist	NE Naphazoline, oxymetazoline, xylometazoline	<b>Epinephrine, Dopamine</b>
Alpha 1 agonist	Phenylephrine	
Alpha 2 agonist	Methyl dopa, clonidine	
Beta agonist	Isoproterenol	
Beta 1	NE, Dobutamine	
Beta 2	Bitolterol, salbutamol, terbutaline	

# Direct acting adrenergics

- Nor-epinephrine, Epinephrine, Phenylephrine\*, Dopamine,
- Methyldopa, Clonidine, Dobutamine, Isoproterenol, Terbutaline, Salbutamol\*, Bitolterol, Naphazoline, Oxymetazoline and Xylometazoline.

# Nor epinephrine



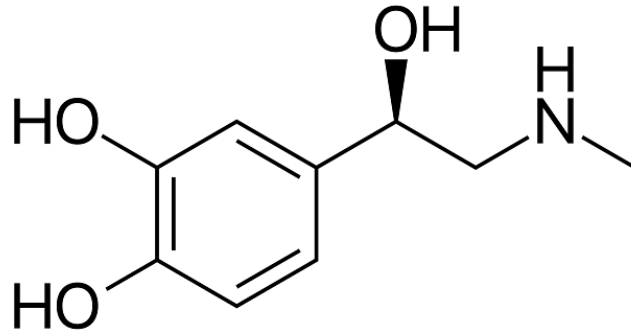
**IUPAC Name:** (R)-4-(2-amino-1-hydroxyethyl)benzene-1,2-diol

Stimulate  $\alpha_1$  and  $\alpha_2$  receptors ,  $\beta_1$  receptors.

**Uses:** Increase in BP

In cardiac arrest (+ inotropic effect)

# Epinephrine



**IUPAC Name:** 4-[(1R)-2-Amino- hydroxyethyl]benzene-1,2-diol

(R)-Epinephrine is 12 times more active than S form.

Stimulate  $\alpha$  and  $\beta$  receptors.

**Uses: Vasoconstrictor and cardiac stimulant.**

**Bronchodilator, inhibits release of allergic mediators.**

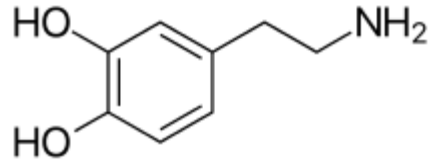
**Increased glycogenolysis in liver, decreased release of insulin**

**Lipolysis**

**Used in anaphylactic shock** (bronchospasm, angioedema, severe hypotension)



# Dopamine

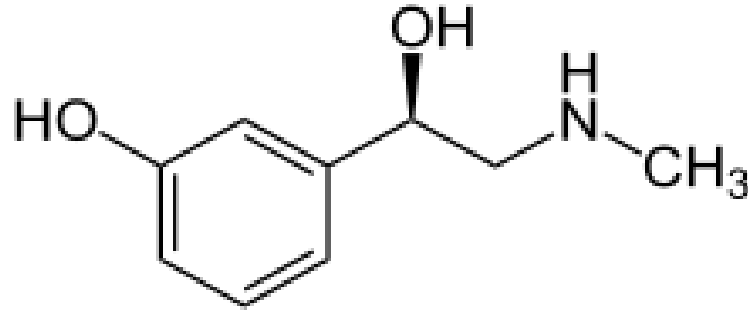


IUPAC name: 4-(2-Aminoethyl)benzene-1,2-diol

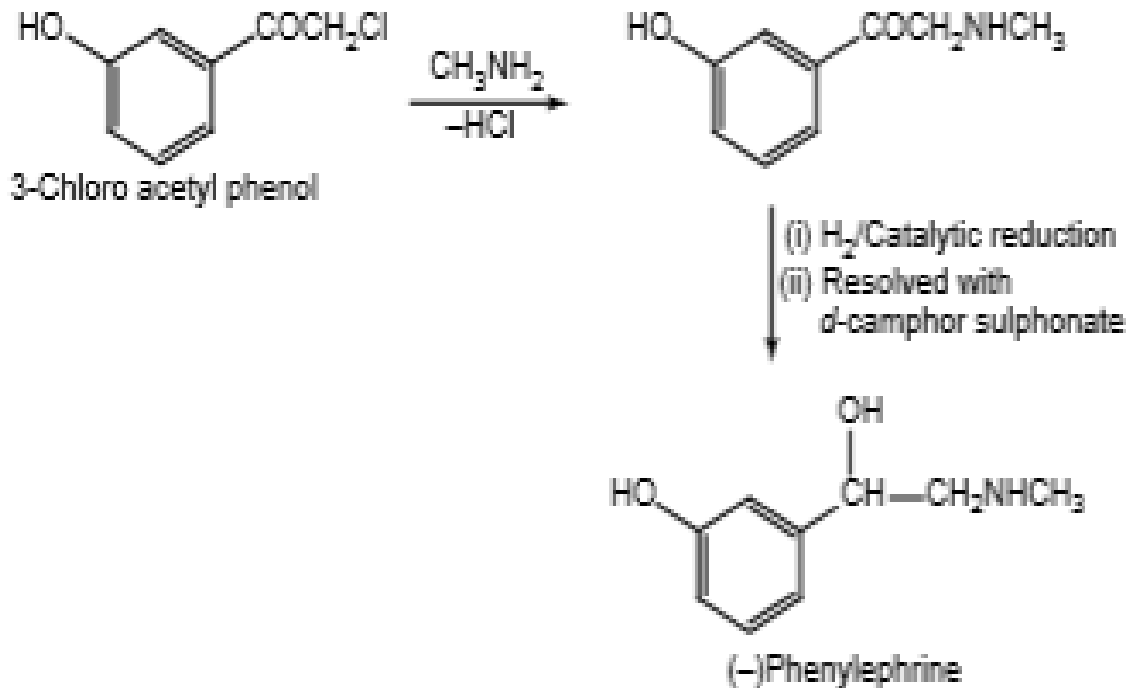
**Uses:** stimulant drug in the treatment of severe low blood pressure, slow heart rate, and cardiac arrest. (especially in treating these in newborn infants).

correction of hemodynamic imbalances present in the shock syndrome due to myocardial infarction, trauma, open-heart surgery, renal failure, and chronic cardiac decompensation as in congestive failure.

# Phenylephrine



(*R*)-3-[-1-hydroxy-2-(methylamino)ethyl]phenol



$\alpha$ 1 receptor agonist

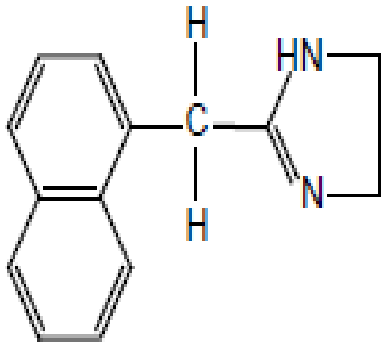
Uses- Vasoconstrictor

Mydriatic agent

Nasal decongestant

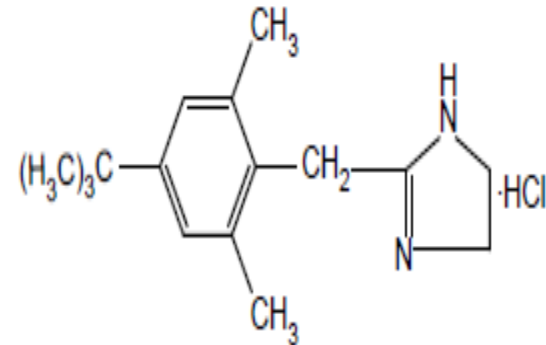
- Methyldopa, Clonidine, Dobutamine, Isoproterenol, Terbutaline,
- Salbutamol\*, Bitolterol, Naphazoline, Oxymetazoline and Xylometazoline.

# Naphazoline

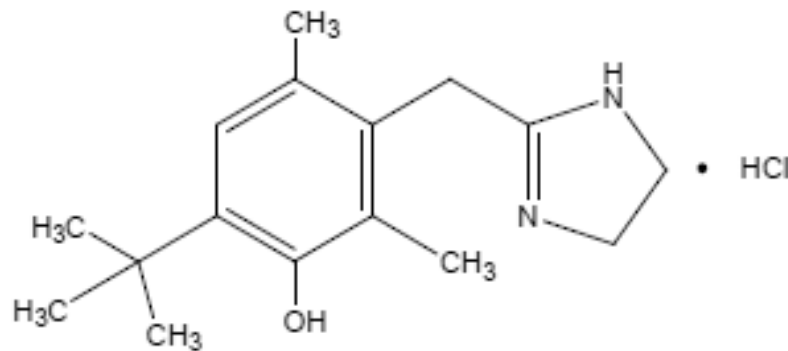


2-(1-Naphthyl methyl)-2-imidazoline

# Xylometazoline



Xylometazoline



# Oxymetazoline

# USES

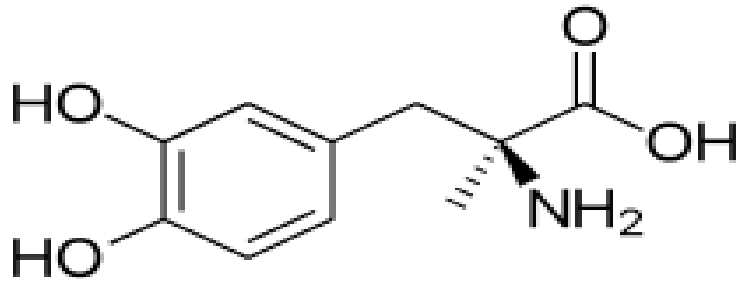
## DECONGESTANTS

Naphazoline- alpha receptor agonist. ocular congestion relief

Xylometazoline - Nasal

Oxymetazoline - Nasal

# Methyl dopa



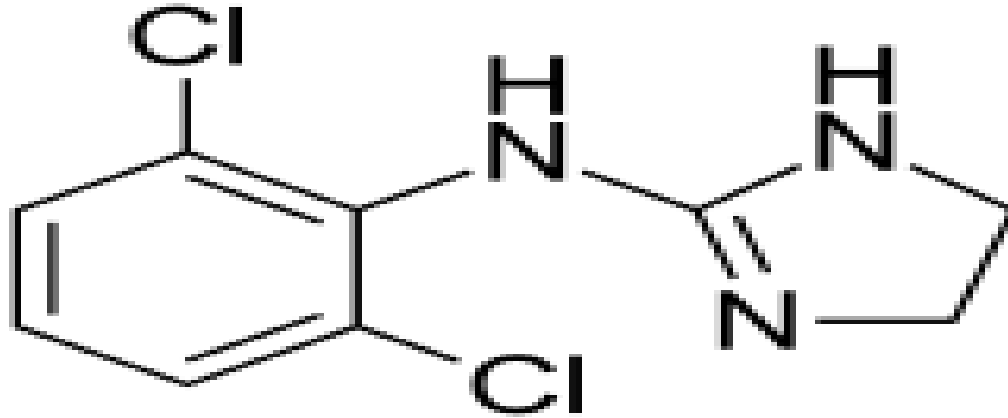
(*S*)-2-amino-3-(3,4-dihydroxyphenyl)-2-methylpropanoic acid

Mechanism of action: alpha-2 Adrenergic Agonist

- Hypertension (or high blood pressure)
- Gestational hypertension (or pregnancy-induced hypertension) and pre-eclampsia



# clonidine

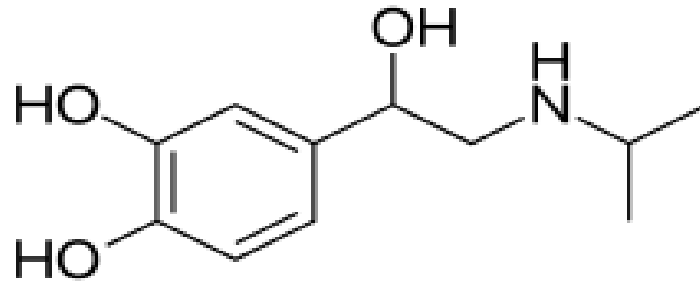


*N*-(2,6-Dichlorophenyl)-4,5--1*H*-imidazol-2-amine

**Adrenergic alpha<sub>2</sub>-Agonist.**

**Treat high blood pressure**

# Isoproterenol/isoprenaline



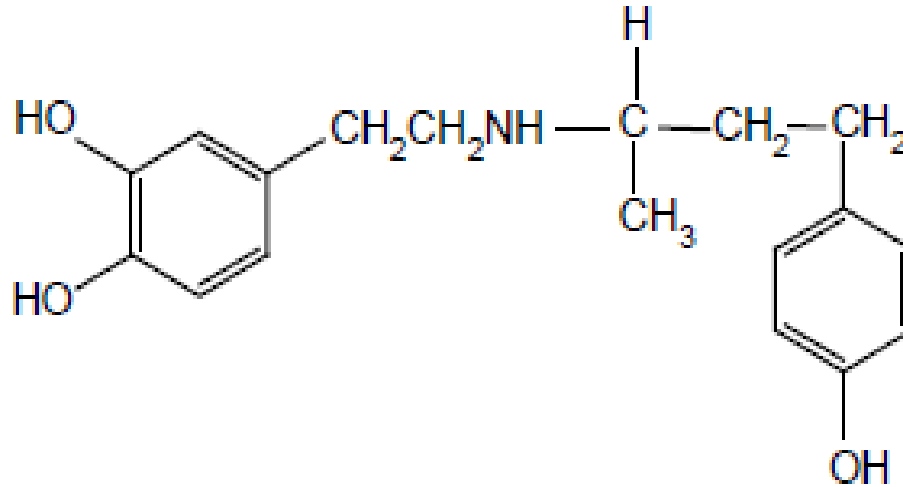
(*RS*)-4-[1-hydroxy(isopropylamino)ethyl]benzene-1,2-diol

MOA: beta-1 and beta-2 adrenergic receptor agonist resulting in the following: Increased heart rate. Increased heart contractility. Relaxation of bronchial, gastrointestinal, and uterine smooth muscle.

It is used to treat heart block and episodes of Adams-Stokes syndrome, in emergencies for cardiac arrest until electric shock can be administered,

for bronchospasm occurring during anesthesia, and as an adjunct in the treatment of hypovolemic shock, septic shock, low cardiac output (hypoperfusion) states, congestive heart failure, and cardiogenic shock.

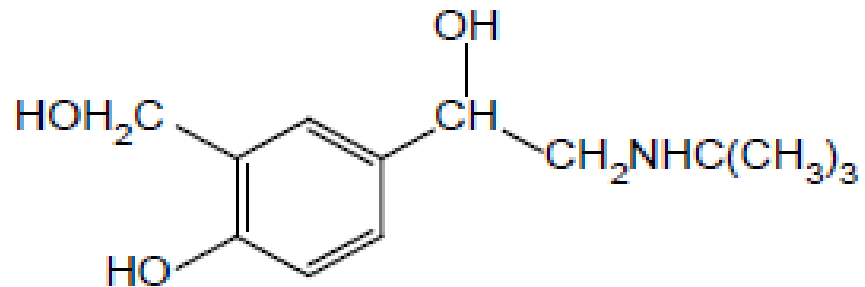
# Dobutamine (Cardiject, Dotamin, Kardia)



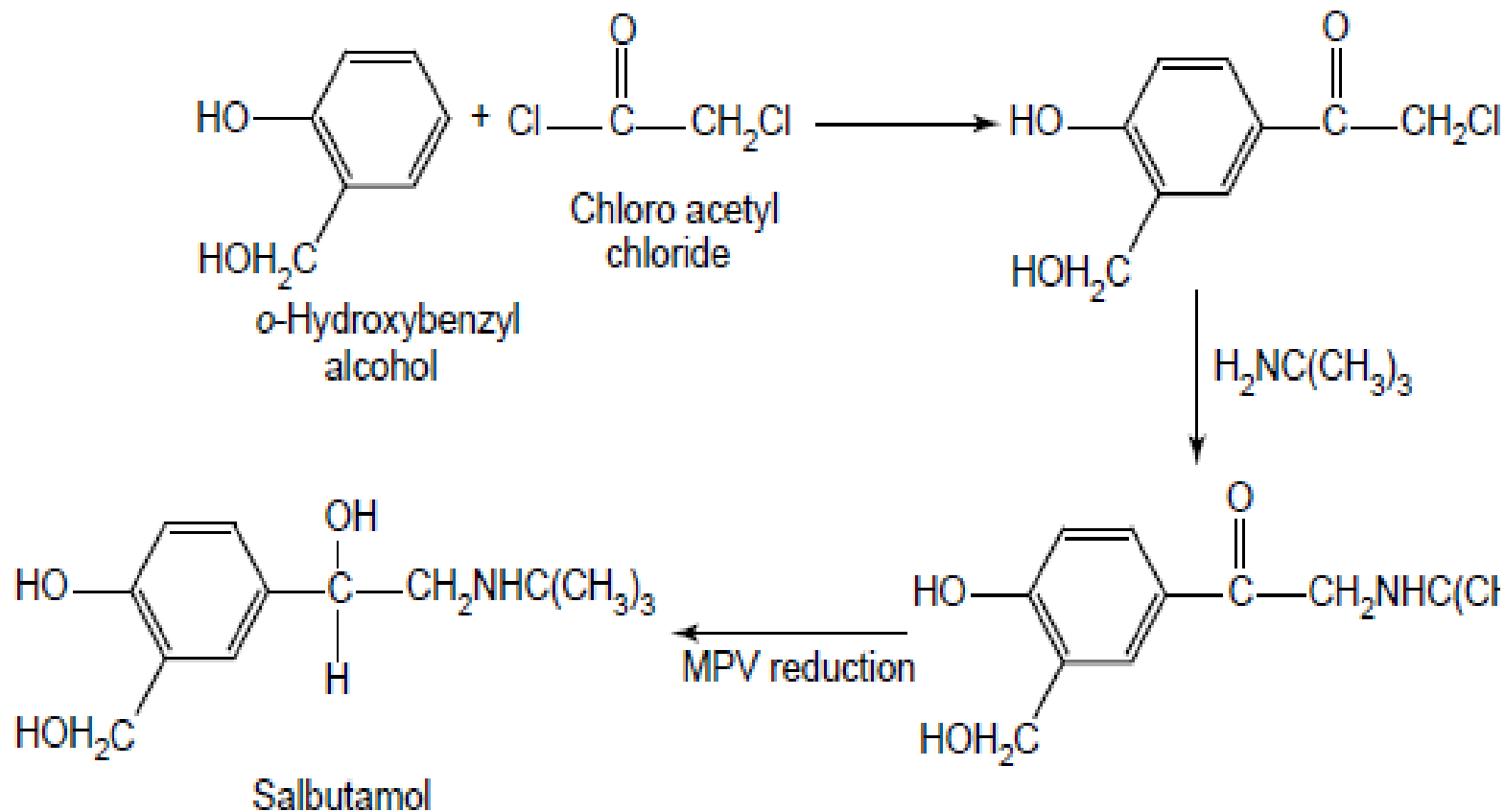
(*RS*)-4-(2-{{4-(4-hydroxyphenyl)butan-2-yl}amino}ethyl)benzene-1,2-diol

**Dobutamine** directly stimulates beta-1 receptors of the heart to increase myocardial contractility and stroke volume, resulting in increased cardiac output. It enhances the automaticity of SA node.

# Salbutamol (Synonym: Albuterol, Asthalin, Salbid)



(*RS*)-4-[2-(*tert*-Butylamino)-1-hydroxyethyl]-2-(hydroxymethyl)phenol



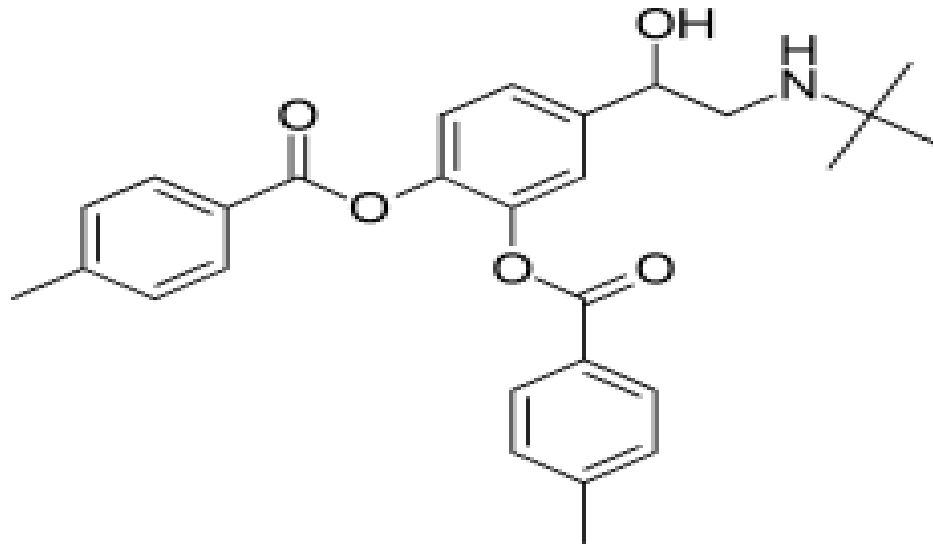
The **Meerwein–Ponndorf–Verley (MPV)** reduction in organic chemistry is the reduction of ketones and aldehydes to their corresponding alcohols utilizing aluminium alkoxide catalysis in the presence of a alcohol.



# Uses

- It has strong  **$\beta_2$  adrenergic activity**. It is useful in the treatment of acute myocardial infarction, severe left ventricular failure.
- It has been used to arrest premature labour and is effective in ocular hypotension by topical application.
- **It is used only as a bronchodilator and is the drug of choice in the treatment of bronchial asthma.**

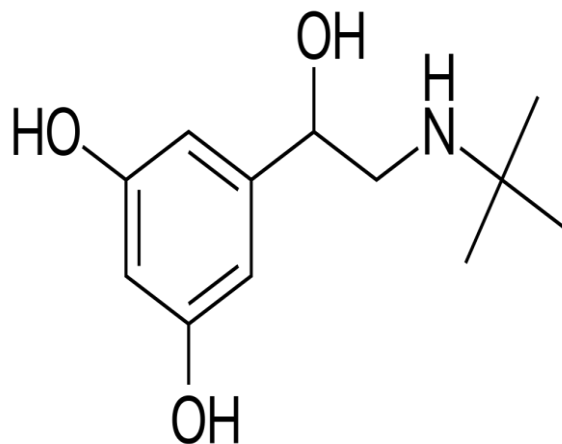
# Bitolterol



(*RS*)-[4-(1-Hydroxy-2-*tert*-butylamino-ethyl)-2-(4-methylbenzoyl)oxy-phenyl] 4-methylbenzoate

short-acting  $\beta_2$  adrenergic receptor agonist used for the relief of bronchospasm in conditions such as asthma and COPD .

# Terbutaline

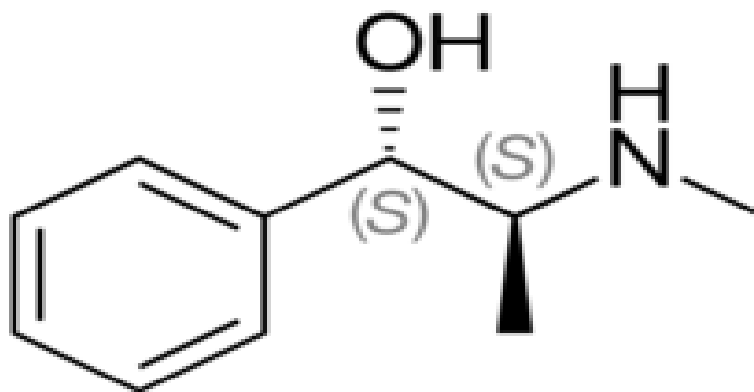


(*RS*)-5-[2-(*tert*-Butylamino)-1-hydroxyethyl]benzene-1,3-diol

- **Terbutaline** is a selective  $\beta_2$ -receptor agonist that produces relaxation of smooth muscle found principally in bronchial, vascular and uterine tissues.
- Uses: Terbutaline is used as a fast-acting bronchodilator (often used as a short-term asthma treatment)

Indirect acting agents: Hydroxyamphetamine,  
Pseudoephedrine, propylhexidine

# Pseudoephedrine



(S,S)-2-methylamino-1-phenylpropan-1-ol

Pseudoephedrine is an agonist of  $\alpha$ - and  $\beta$ -adrenoceptors.

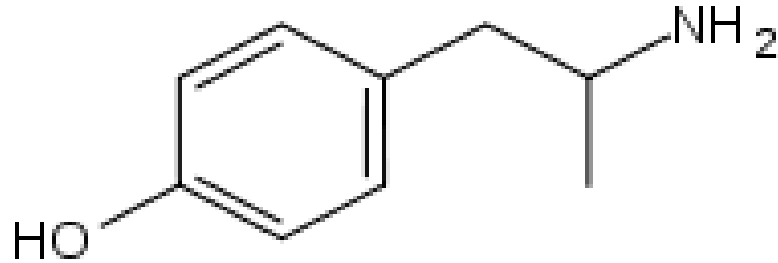
Promotes release of stored norepinephrine into the neuronal synapse.

**Widely used as a nasal decongestant**

used in the illicit manufacture of the widely abused drug methamphetamine. For this reason, sale of pseudoephedrine over-the-counter products is becoming increasingly restricted.



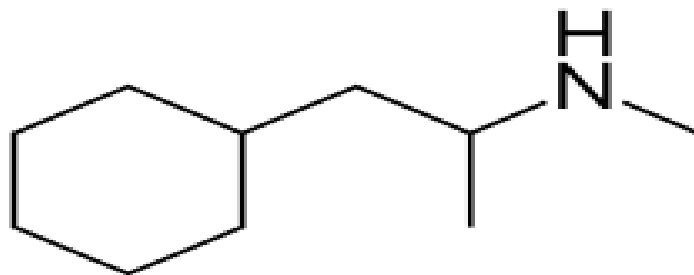
# Hydroxyamphetamine



4-(2-aminopropyl)phenol

stimulates the release of norepinephrine from postganglionic adrenergic nerves resulting in the stimulation of both alpha and beta adrenergic receptors. Local alpha stimulatory effects include dilation of the pupil, increased flow of aqueous humor, and vasoconstriction; whereas beta stimulatory effects include relaxation of the ciliary muscle and a decreased production in aqueous humor.

# Propylhexidrine



(±)-1-cyclohexyl-*N*-methylpropan-2-amine

Propylhexedrine binds to and activates alpha-adrenergic receptors in the mucosa of the respiratory tract, thereby mimicking the actions of norepinephrine and epinephrine. This results in vasoconstriction and reduces swelling and inflammation of the mucous membrane lining, therefore relieving nasal and sinus congestion.

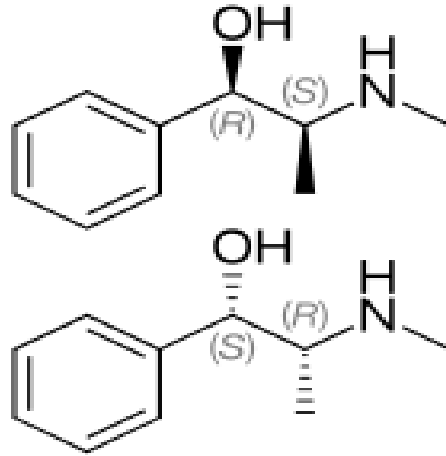
Propylhexidrine causes the norepinephrine, dopamine, and serotonin (5HT) transporters to reverse their direction of flow.



# Agents with mixed mechanism

Ephedrine, Metaraminol.

# Ephedrine



*(R,S)*-2-(methylamino)-1-phenylpropan-1-ol

Enhances release of norepinephrine



## **Uses:**

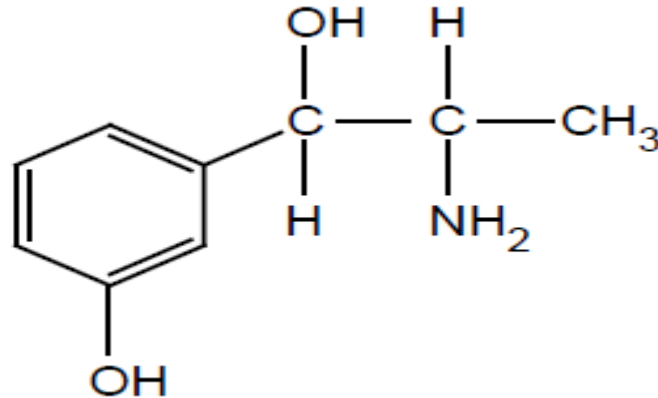
Allergic disorders

Nasal decongestant

Hypotension conditions

Narcolepsy

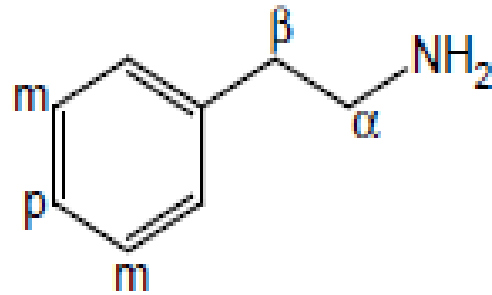
# Metaraminol.



(1*R*,2*S*)-3-[-2-amino-1-hydroxy-propyl]phenol

**Alpha 1 receptor agonist**

acute hypotensive states, such as anaphylactic shock or shock secondary to myocardial infarction and trauma.



$\beta$ -Phenyl ethylamine

## I. Phenyl ring substitution

1. Substitution on the meta and para positions and on the amino,  $\alpha$ , and  $\beta$  positions of the ethylamine side chain influences the mechanism of sympathomimetic action and the receptor selectivity of the drug.

2. Maximal activity is seen in  $\beta$ -phenyl ethylamine derivatives, containing **hydroxyl groups in the meta and para positions** of the aromatic ring (catechol) and a  **$\beta$ -hydroxyl group of the correct stereochemical configuration** on the ethylamine portion of the molecule.

3. Catechol moiety can be replaced with other substituted phenyl moieties to provide selective adrenergic agonism.
- Replacement of the *catechol* function of isoproterenol with the *resorcinol* structure gives the drug metaproterenol, which is a selective  $\beta_2$ -receptor agonist.

4. noradrenaline: 3, 4-dihydroxy benzene ring  
Active at both  $\alpha$  and  $\beta$  receptors.

But poor oral activity (metabolized by COMT),  
the change in substitution pattern 3, 5-  
dihydroxy as in metaproterenol gives good  
oral activity.

It also provides selectivity for  $\beta_2$  receptors.

## II. Substitution at nitrogen

1. Amino group: important for direct agonistic activity. It should be separated from the aromatic ring by two carbon atoms.
2. As the bulk of the nitrogen substituent increases,  $\alpha$ -receptor agonistic activity decreases and  $\beta$ -receptor activity increases.

**NE that is an effective  $\beta_1$ -receptor agonist is also a potent  $\alpha$ -agonist, while epinephrine is a potent agonist at  $\alpha$ ,  $\beta_1$ , and  $\beta_2$  receptors.**

3. *N*-tertiary butyl group enhances  $\beta$ 2 selectivity.
4. Primary and secondary amines are more potent direct-acting agonists than 3° or 4° amines.



### **III. Substitution on the carbon side chain**

1. Methyl or ethyl substitution on the  $\alpha$ -carbon of the ethylamine side chain reduces direct receptor agonist activity at both  $\alpha$  and  $\beta$  receptors.
2.  $\alpha$ -alkyl group increases the duration of action of the phenylethylamine agonist by making the compound resistant to metabolic deamination by MAO.

3. Another effect of  $\alpha$ -substitution is the introduction of a chiral centre, which has pronounced effects on the stereo-chemical requirements for activity.

